

WG = Whole Grain
 WW = Whole Wheat
 All meals include: skim, 1%, and skim choc. milk

May 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																				
	1 WG Pizza, Romaine/ Mesclum salad, grape tomatoes, cukes, baby carrots, steamed corn, Apple/Raisins	2 Breaded Pork Chop Mashed potatoes/gravy Steamed baby carrots WW bread Pineapple/Mixed fruit	3 Taco's Hard Shells or WG flour shells, shredded romaine, shredded cheese, diced tomatoes, salsa, refried beans, Juice sorbet/diced pears	4 Grilled Cheese, Tomato soup, WG crackers, fresh carrots/ celery sticks, Applesauce/mand. oranges	5 Beef Patty on WG Bun Tri Patty Potatoes Fresh veggies Diced peaches/pineapple	6																																																																																				
7	8 WG Chicken Nuggets, Romain/Mesclum salad Grape tomatoes/cucumbers Baby carrots, steamed mixed vegetables, WW bread Fresh orange/raisins	9 Turkey Roast in Gravy Mashed Potatoes, Baked Squash WG Dinner Roll/WW bread Pineapple/mixed berries	10 Italian Dunkers on WG Bun, Meat sauce, Steamed green beans, Fresh broccoli/cauliflower Applesauce/Mand oranges	11 Chicken Fajitas, WW flour shells, shredded romaine, shredded cheese, diced tomatoes, salsa, steamed peas, Fresh grapes/mixed fruit	12 Beef Hot Dog on WG Coney bun, Baked beans Sauerkraut, Sun chips, Mand. oranges/diced pears	13																																																																																				
14	15 WG Taco Max OR WG Chicken Quesadilla, Romaine/mesclum salad, gr. tomatoes, cukes, baby carrots, black bean salsa/chips, banana/raisins	16 Mr. Rib Baked Potato Steamed Broccoli WG dinner roll/WW bread Diced peaches/pears	17 Pulled Pork on WG bun Baked beans Cole Slaw/Sun Chips Raisins/Pineapple	18 Turkey/cheese sub on WG bun, Shredded Romaine, diced tomatoes, steamed corn, Mand. oranges/mixed berries	19 Stoopy Joes on WG Bun Tator Tots Fresh veggies Applesauce/diced peaches	20																																																																																				
21	22 WG Corn Dog Potato Smiles Steamed peas Pineapple/mixed fruit	23 Escalloped Potatoes/ham Baked Squash WG dinner roll Mand. oranges/Applesauce	24 COOKS CHOICE	25 Taco in a Bag Shredded romaine, diced tomatoes, shredded cheese, fresh veggies, fresh apple	26 NO SCHOOL	27																																																																																				
28	29	30	31																																																																																							
					<p>April</p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr> <tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr> <tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr> <tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr> <tr><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30					<p>June</p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr> <tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr> <tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr> <tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr> <tr><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30				
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